

# Joining Forces to Fight Cancer

## 3<sup>RD</sup> ANNUAL CELEBRATION OF HOPE A SUCCESS!

The 3rd Annual Celebration of Hope was held on February 15, 2008 at the Wyoming State Capitol. This was an action packed day full of emotion, excitement and encouragement. This year 75 participants took part in the Celebration. The day began with a legislative update, and breakfast provided by the American Cancer Society. Benita McKerry led the meeting with a Native American reflection and Patti Santiago welcomed the attendees, and provided a brief comparison of Cancer Control efforts at the national and state levels. Various speakers from the American Cancer Society and the American Heart Association informed participants about the Smokefree Wyoming legislation and painted a picture of where Wyoming is nationally on the smokefree state issue. The participants viewed presentations on both the House and Senate floors. On the Senate side Senator Charles Scott was awarded the National Advocacy Award, which is the highest honor the American Cancer Society awards. He was given the award for all his hard work and efforts in drafting and passing the Cancer Control Act during the 2007 legislative session. This Act authorized the Colorectal Cancer Early Detection Program, which provides free colonoscopies to Wyoming residents at or below the 250% poverty level. On the House floor, Lisa Eades, president of Jason Friends Foundation, introduced Haiden Wiggins, a five year old cancer survivor, to the Representatives. Haiden was introduced at the very first Celebration of Hope in 2006 when she was finishing her cancer treatment. Haiden is now cancer free and a vibrant and healthy five year old. Haiden proudly presented Speaker of the House, Roy Cohee, with a vase of daffodils and the state representatives gave Haiden a standing ovation for overcoming her cancer. A press conference was held. The Governor, Dr Brent Sheard the Director of the Department of Health, Carter Steeger from the American Cancer Society, and Lisa Eades, president of Jason's Friends Foundation, all spoke. The focus this year was on Chronic Disease Integration to reduce risk factors in Wyoming men, women and children. Haiden presented Dr. Sherard with a vase of daffodils. Legislators were invited to join WCCCC members for lunch. The WCCCC had various presentations including a presentation on Chronic Disease Risk Factors in Wyoming, Wyoming Chronic Disease Congress: Integration Efforts to Reduce Chronic Disease and the Wyoming Pain Initiative. A surprise guest appeared at the meeting, US Senator John Barasso. He thanked everyone for their efforts in reducing the cancer burden. To conclude the day's events, chronic disease survivors shared stories of hope. It was an emotional, but empowering day for all. Thank you to everyone that came and supported the 3<sup>rd</sup> Annual Celebration of Hope. We hope to see you next year!



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# WYOMING BREAST AND CERVICAL CANCER EARLY DETECTION PROGRAM HIRES NEW COORDINATOR ON THE WIND RIVER RESERVATION

Under the Cancer Control Act of 2007, the Wyoming legislature funded a Native American Breast and Cervical Cancer Education and Recruitment Project to serve women of the Wind River Reservation. The purpose of the project is to increase early detection of breast and cervical cancer through education, support, and screening services.

We are pleased to announce that Rachel Felter is the new project coordinator. She will be working with the Wind River community to serve Native women. Rachel is a Northern Arapahoe woman and enjoys attending Pow Wows and ceremonial activities. She received her Bachelors of Social Work degree from the University of Wyoming and is passionate about serving the people of the reservation. The

new office is co-located with the Riverton Community Health Center at 511 North 12<sup>th</sup> St. E., Suite B, Riverton, Wyoming. She can be contacted at [rachel.felter@health.wyo.gov](mailto:rachel.felter@health.wyo.gov). Please join us in welcoming Rachel to the Wyoming Breast and Cervical Cancer Early Detection Program



Rachel Felter, Native American Breast and Cervical Cancer Early Detection Project Coordinator talking with Governor Fruentheral.

*“Intravenous C appears to trigger the formation of hydrogen peroxide, which kills some cancer cells while leaving healthy cells unharmed”*

## 2008 CHRONIC DISEASE CONFERENCE

The Wyoming Chronic Disease Conference will take place in Cheyenne on May 7 to 8, 2008 at the Little America Hotel. The objective of this conference is to provide education and information on a host chronic disease issues and associated risk factors. The theme is **“Building a Healthy Wyoming.”** The conference will highlight five breakout session tracks focused on diabetes; cancer; heart disease and stroke prevention; tobacco prevention and control; and general health topics (specifically, tuberculosis, HIV, STD, Hep C, and cultural competency). CEU's will be offered in a number of areas (see below).

### **Continuing Education Credits:**

The conference planning committee is currently applying for continuing education credits for numerous professions including doctors, nurses, dietitians, nurse practitioners, physician assistants and others. The conference will offer nine (9) hours of credit.

### **Vendor Fair:**

As part of the conference there will be a vendor fair with participants from non-profit agencies, community organizations, and pharmaceutical companies. If you are interested in sponsoring a vendor booth at the conference contact Jessica Perez @ 307.777.7362

## VITAMIN C AND IT'S FIGHT AGAINST CANCER

This article provided by [www.health.com](http://www.health.com)

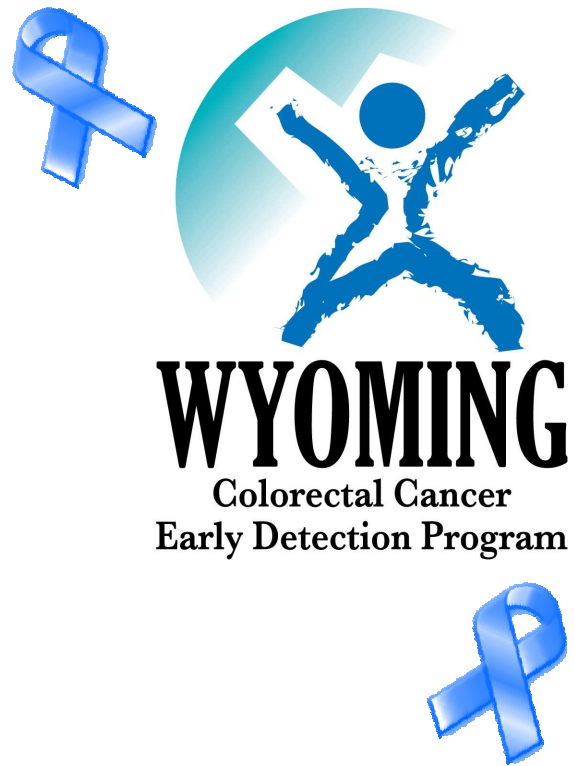
Studies show a diet full of vitamin C--rich fruits and vegetables isn't just good for your heart; it may also lower your risks of bladder, esophagus, stomach, and lung cancers. Even though more research is needed to find out which compounds in fruits and veggies do the trick, researchers say the association is strong. Someday, C may also be used to treat cancer. High levels of C given intravenously seem to be toxic to cancer cells (studies on vitamin C taken orally showed no effect on cancerous cells). Intravenous C appears to trigger the formation of hydrogen peroxide, which kills some cancer cells while leaving healthy cells unharmed, says lead study author Mark Levine, MD, chief of the molecular and clinical nutrition section and senior staff physician

at the National Institutes of Health. Levine says doctors at the University of Kansas Medical School and Jefferson Medical College in Philadelphia are trying this therapy on cancer patients.





*Colonoscopy being performed*



## WYOMING COLORECTAL CANCER EARLY DETECTION PROGRAM UPDATE

To date, the WCCEDP has processed applications on 377 people. There is an application approval rate of 60% (meaning a total of 223 Wyoming men and women have been approved for the program). The number one reason for denial is either income, or that they have already received a colonoscopy within the past 10 years.

More females (75.5%) are applying than males (24.5%). In addition, 24.5% of applicants have a family history of Colorectal Cancer. Over half of those who apply do not have insurance. Others have insurance policies that do not cover the costs relating to colonoscopy or their deductibles are too high causing a barrier to screening.

We have screened almost 200 patients. 40% of patients have been “symptomatic”, and we have seen a 50% polyp removal rate. Of those with polyps removed, 18.3% of patients have had pre-cancerous polyps. 4 cancers have been identified. 1,000 Case Management/ Patient Navigation Calls have been made by the WCCEDP! With a 77% return rate, the customer satisfaction surveys have had glowing reviews. Overall satisfaction of the program has shown great success with regard to the WCCEDP and the providers doing the screening! So, please give a huge “hurray” to Alice Preheim and Wanda Webb for their work in helping to save lives in Wyoming by running such a great program. Let’s not forget the 200+ providers we have on board. If you have a provider helping in your county, please remember to thank them for their work. We also will be sending out thanks to each and every one of them to celebrate our 1 year anniversary.



# PARK COUNTY KNOCKING OUT WOMEN'S CANCER ISSUES

## The Lance Armstrong Foundation Distributes Cancer Survivorship Notebooks in U.S. Libraries

The Lance Armstrong Foundation (LAF) recently announced that they are collaborating with the American Library Association (ALA) to provide libraries across the country with reference materials to better serve those seeking health-related information, specifically cancer. Last week, the LAF began shipping LIVESTRONG Survivorship Notebooks to more than 14,200 libraries across the United States.

The LAF created the LIVESTRONG Survivorship Notebook to give cancer information access to everyone, especially low-income or uninsured citizens who don't have access to a computer or are denied follow-up care after completing cancer treatment.

The LIVESTRONG Survivorship Notebooks are a free resource and are designed to help cancer survivors, their families and caregivers organize, keep and access important information related to their cancer experiences. The Notebooks are divided into four sections:

**Survivorship Tools** – These tools help cancer survivors organize physical and emotional health concerns; maintain a list of medications; keep track of medical, financial and insurance records; and keep a record of medical history after treatment.

**Survivorship Stories** – This section contains a booklet of stories told by real survivors about their experiences with cancer.

**Survivorship Topics** – This section features information about the physical, emotional and practical challenges cancer survivors and their loved ones may face throughout their battle with cancer. Topics addressed in this section include: the aftereffects of cancer treatment, the emotional effects of cancer, planning your financial future and how to communicate with your health care team.

**Survivorship Updates** – Cancer survivors can use the information in this section to request additional information about cancer survivorship to add to their notebooks. They can also add to this section information they receive from their own health care team, family members, support groups, caregivers and friends.

To order a FREE LIVESTRONG Survivorship Notebooks please visit [www.LIVESTRONG.org](http://www.LIVESTRONG.org)

Women's Wellness and the Park County Cancer Resources Coordinators are working together to knockout women's cancer issues in Park County! Women's Wellness at Wyoming Migrant Health has been providing one-on-one outreach and education to women in the Basin area, including Park County, since 2005. This program has grown to serve over 400 women providing excellent patient navigation and education. The new Park County Cancer Resource Coordinators is a pilot project funded by the Wyoming Department of Health, Comprehensive Cancer Control Program. Part of this program is to provide one-on-one outreach and education through the Wyoming Breast and Cervical Cancer Early Detection Program to women in Park County.

To enhance the service to those women who are hardest to reach in our area, these two programs have collaborated efforts and on numerous presentations to deliver a cohesive health message about breast and cervical cancer screenings.

Partnership activities have included joint presentations to the community at local health coalition meetings and on a morning radio broadcast. Joint outreach efforts help to enhance the outreach of both programs in delivering these important messages about breast and cervical cancer screenings and resources. This joint effort also allows for us to serve the entire county with more ease. We are meeting together on a regular basis and planning other joint ventures, community events, conferences, and educating high school health classes in our communities. We truly feel that we have such powerful information that joining together we can only become stronger.

We will keep you all informed as to how we are progressing and we would invite anyone thru out the state that is thinking of doing such a unique venture to try it and to contact us if you have any questions. We will be happy to share our "hurdles and accomplishments" with everyone.

Current plan of upcoming activities:

### March 2008:

Radio ads addressing breast and cervical early detection.

Party Line Radio broadcast presentations on breast and cervical early detection. Working together to plan presentations to targeted population. (Low income/uninsured)

### April 2008:

Presentations to local high school on breast and cervical cancer early detection screenings, HPV vaccination, and link between cervical cancer and smoking.

Presentations to Northwest Wyoming Community College students about breast and cervical cancer early detection screenings, HPV vaccination.

### May 2008:

Mothers day event in Powell. Reaching out to women and young girls to provide education on breast and cervical early detection and free screening services. This presentation will also include information regarding healthy eating, fitness, and how to increase activity and fit into your schedule. This effort will be made to promotion prevention and wellness. As we all know diet and exercise to contribute to disease.

Women's Wellness at Wyoming Migrant Health

146. S. Absaroka  
Powell WY 82435  
(307)754-5252

[womenswellness@qwest.net](mailto:womenswellness@qwest.net)

Park County Cancer Resource Coordinators

707 Sheridan Ave., Suite 140  
Cody, WY 82414  
(307)578-2430

[aresch@wphcody.org](mailto:aresch@wphcody.org)

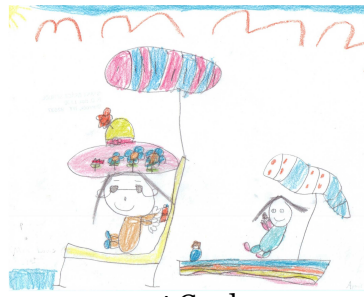
Article written by: Abby Resch, Cathy  
Florian and Mandy Hobbs

## SUN SAFETY POSTER CONTEST WINNERS!!

Each year the SHADE Foundation of America conducts the SHADE Poster Contest in all 50 states. Over the last five years, there have been more than 50,000 entries from around the US. The posters submitted are original, creative, heartfelt, and help to increase the awareness of sun safety. All posters include prevention and awareness tips for staying safe in the sun. Children in grades K-8 are eligible to enter the SHADE Poster Contest. Entries are categorized by grade level and judged on creativity and originality. A winner is selected from each state. The state winners receive an iPod and a \$500 SHADE grant for their school. In addition, one National winner is chosen and that child will win a trip for four to Disneyworld and their school will receive a weather station. This year the Comprehensive Cancer Control Program decided to enhance the prizes. One winner from each grade level was picked by a committee and the winners and their class all received Wyoming Sun Safe School bracelets. The grade level winners were: **Kindergarten:** Brody Wells from Wapiti Wyoming. **First Grade:** April Szymanski from Glenrock Wyoming. **Second Grade:** Rachel Balls from Lyman Wyoming. **Third Grade:** Daycia Kohl from Douglas Wyoming. **Forth Grade:** Natalia Hincks from Greenriver Wyoming. **Fifth Grade:** Lizzy Vickers from Elk Mountain Wyoming. **Sixth Grade:** Jennette Anderson from Douglas Wyoming. **Seventh Grade:** Tabitha Oban from Douglas Wyoming. **Eighth Grade:** Austin Pritchard from Burns Wyoming. The Shade Foundation will be picking state and national winners on April 14. Good Luck!



Kindergarten



1st Grade



2nd Grade



3rd Grade



4th Grade



5th Grade



6th Grade



7th Grade



8th Grade